

WESTERN CANADA MENU FALL/WINTER 2016 - 2017

WEEK 1

WESTERN CANADA MENU FALL/WINTER 2016 - 2017								
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		Oct-17, Nov-7, Nov-28, Dec-19, Jan-9, Jan-30, Feb-20, Mar-13, Apr-3, Apr-24	Oct-18, Nov-8, Nov-29, Dec-20, Jan-10, Jan-31, Feb-21, Mar-14, Apr-4, Apr-25	Oct-19, Nov-9, Nov-30, Dec-21, Jan-11, Feb-1, Feb-22, Mar-15, Apr-5, Apr-26	Oct-20, Nov-10, Dec-1, Dec-22, Jan-12, Feb-2, Feb-23, Mar-16, Apr-6, Apr-27	Oct-21, Nov-11, Dec-2, Dec-23, Jan-13, Feb-3, Feb-24, Mar-17, Apr-7, Apr-28	Oct-22, Nov-12, Dec-3, Dec-24, Jan-14, Feb-4, Feb-25, Mar-18, Apr-8, Apr-29	Oct-23, Nov-13, Dec-4, Dec-25, Jan-15, Feb-5, Feb-26, Mar-19, Apr-9, Apr-30
BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST				
	Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg/Bacon Fruit/Yogurt	Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt			
	Butternut Squash Soup Salmon Salad Sandwich Bread & Butter Pickles	Cabbage Bacon Soup Perogies with Sour Cream and Fried Onions Polish Sausage	Cream of Celery Soup Chicken Burger Sliced Cucumbers	French Onion Soup Macaroni & Cheese Stewed Tomatoes	Cream of Cauliflower Soup Sausage Links French Toast/Syrup	Mulligatawny Soup Chicken Pot Pie Green Beans	Cream of Potato Leek Soup Captain Burger Coleslaw with Vingrette Dressing	
LUNCH	Diced Peaches	Fruit Cocktail	Diced Mango	Pineapple Coconut Whip	Mandarin Oranges	Baked Apple Slices	Strawberries	
	OR Assorted Sandwiches	OR Assorted Sandwiches	OR Assorted Sandwiches					
	Chocolate Chip Cookie Beverage as Requested	Pina Colada Muffin Beverage as Requested	Baked Assortment Beverage as Requested	Apple Turnover Beverage as Requested	Loaf Cake Beverage as Requested	Turnover Cookie Beverage as Requested	Baked Assortment Beverage as Requested	
DINNER	Lemon Oregano Chicken Thighs O'Brien Potatoes Montego Vegetables	Beef Vegetable Stew Buttered Brussels Sprouts	Sweet & Sour Pork Rice Pilaf Winter Blend Vegetables	Turkey Fricassee served with Savory Tea Biscuit Italian Mixed Vegetables	Baked Fish Ranch Potatoes Sunrise Variety Vegetables	Shepherd's Pie Buttered Corn	Beef Pot Roast Mashed Potatoes Yorkshire Pudding Buttered Parsnips	
	Pudding/Whipped Topping	Orange Frost	Buttertart	Ice Cream	Cherry Cha Cha	Chocolate Cake	Apple Pie	
	OR Beef Liver & Onions	OR Grilled Breaded Fish	OR Veal Cutlet	OR Sliced Ham	OR Swedish Meatballs	OR BBQ Pork Ribette	OR Chicken	
		Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested				