August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 AM Calendar Visits 2:00 Happy Hour - Island Tunes -GR Shauna off	2 10:00 Guess the Sound 10:30 Buddy Walks 11:00 Jokes and Riddles 2:00 - Music and Memories - Evolution of the Rolling Stones -GR
3 9:30 Spiritual 1:1 10:30 Hymn Sing and Devotionals - Facing Life's Challenges -GR 2:15 Trivia on the patio 3:00 Ice Cream Social	4 9:30 Friendly visits 10:00 Sing a Long 11:00 Short Stories 2:00 Bean Bag Toss 3:00 Walk n Talk 6:30 Shuffle Bowling-GR	5 1:30 Friendly Visits 2:15 Manicures 3:00 TV Concert-Eagles 6:30 Music and Memories-Under the Covers- GR	6 Shauna off	7 9:30 Friendly Visits 10:00 Name that tune 11:00 Who am I? trivia 2:00 Ice Cream Social 3:00 Memories of the 50s 6:30 Celebrity Bio -GR	8 9:30 Friendly Visits 10:00 Creative Colouring 11:00 Current Events 2:00 Happy Hour - Music by Request -GR	9 10:30 Fun and Fitness -GR 2:00 Weekend Movie Matinee -GR
10 10:30 Hymn Sing and Devotionals- Living in Christ GR 2:00 Bocce Ball -GR 2:00 Remember When?...Food	11 2:00 Target Toss 3:00 Manicures 6:30 Ethnography: First Contact-GR Shauna on Vacation August 11th - September 1st	12 6:30 Name That Tune -GR	13 2:00 Entertainment by Gordon Plant -GR 6:30 Bingo -GR	14 9:30 Men's Coffee Group -GR 11:00 Sing a Long	15 AM Life Enrichment in Meeting 2:00 Happy Hour - Woodstock Playlist for the Anniversary of Woodstock -GR	16 10:30 Movement and Meditation -GR 2:00 Music & Treats on the Main Patio
17 10:30 Hymn Sing -GR 2:00 Jeopardy -GR	18 10:30 - 1:00 Outing to Prairie's Edge for Lunch (see Life Enrichment for info./to sign up) 6:30 Shuffle Bowling -GR	19 2:00 Would You Rather? Game and Discussion-GR 2:00 Read Up Some Laughter	20 9:30 Morning Jams 10:30 Balloon Toss 6:30 Bingo -GR	21 9:30 Pancakes & Past Times -GR 2:45 Factastic Trivia 6:30 Super Quiz Trivia -GR	22 2:00 Happy Hour - Country Music -GR	23 10:30 Fun and Fitness -GR 2:00 Crafters Corner -GR
24 10:30 Hymn Sing and Devotional- Coping With Grief -GR 2:00 Family Feud -GR 2:00 Wild Colouring	25 11:00 - 1:30 Outing to Santa Lucia for Lunch (see Life Enrichment for info./to sign up) 1:30 Ice Cream Social 6:30The Price Is Right-GR	26 6:30 Name That Tune -GR	27 1:30 Patio Visits and Popsicles 6:30 Bingo -GR	28 10:30 Roman Catholic Mass with Father Greg -GR	29 2:00 Happy Hour - Music by Request -GR	30 10:30 Movement and Meditation -GR 2:00 Whisking up Fun -GR
31 10:30 Bible Study -GR 2:00 Travelogue to Greece -GR						

Courage Bay Life Enrichment Calendar

*Programs take place on Courage unless otherwise stated *GR= Gathering Room *Programs and/or program times subject to change *1:1 visits take place outside of program times