

Sunday

Monday

Tuesday

Wednesday

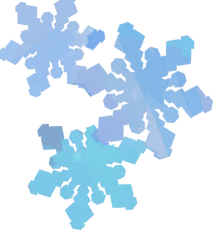

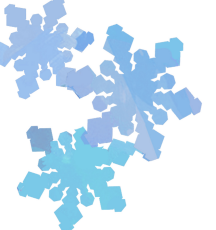
Thursday

Friday

Saturday

JANUARY



	<p>2</p> <p>10:00 New Years Resolutions</p> <p>2:15 Shuffle Bowl</p>	<p>3</p> <p>2:15 Balloon Toss</p> <p>6:30 Name That Tune - 50's</p>	<p>4</p> <p>Afternoon - Friendly Visits</p> <p>Shauna off</p>	<p>5</p> <p>Shauna off</p>	<p>6</p> <p>Shauna Off</p>	<p>7</p> <p>Shauna Off</p>
<p>8</p>	<p>9</p> <p>10:00 Word Games and Trivia</p> <p>2:15 Friendly Visits (1:1 visits)</p> <p>3:15 Buddy Walks</p>	<p>10</p> <p>2:15 Courage Birthday Celebrations</p> <p>6:30 Music and Memories</p>	<p>11</p> <p>10:00 Coffee and Current Events</p> <p>Afternoon - Shauna in Life Enrichment meeting</p>	<p>12</p> <p>10:30 Hymn Sing and Devotionals (GR)</p> <p>2:15 Reading and Reminiscing</p>	<p>13</p> <p>10:00 Manicures and Hand Massages</p> <p>2:15 Happy Hour</p>	<p>14</p> <p>10:00 Hymn Sing and Devotionals</p> <p>2:15 Ice Cream Social</p>
	<p>15</p> <p>Shauna off</p> <p>Martin Luther King Jr. Day</p>	<p>16</p> <p>2:15 "Who am I?" - Trivia Game</p> <p>6:30 Name that tune</p>	<p>17</p> <p>10:00 "Riddle me this" - Riddles and Jokes</p> <p>2:15 Washer Toss Game</p>	<p>18</p> <p>10:30 Hymn Sing and Devotionals (GR)</p> <p>2:15 Word Games - "Finish the Phrase"</p>	<p>19</p> <p>10:00 Reminiscing - Winter Vacations</p> <p>2:15 Happy Hour</p>	<p>20</p>
<p>21</p> <p>Activity Professionals Week</p>	<p>22</p> <p>10:00 Balloon Toss</p> <p>2:15 Manicures and Hand Massages</p>	<p>23</p> <p>2:15 Robbie Burns day Trivia</p> <p>6:30 Music and Memories</p>	<p>24</p> <p>10:00 Sing-a-long</p> <p>2:15 Coffee and Current Events</p> <p>3:15 Friendly Visits</p>	<p>25</p> <p>10:30 Roman Catholic Mass with Father Greg (GR)</p> <p>2:15 Ice Cream Social</p>	<p>26</p> <p>10:00 Hymn Sing</p> <p>2:15 Happy Hour</p>	
<p>27</p>	<p>28</p> <p>10:30 Chair Exercises</p> <p>2:15 Chicken Soup for the Soul Stories</p>	<p>Courage Bay Life Enrichment Calendar</p> <p>** All Programs listed are in small groups on the neighbourhood, unless otherwise specified. All programs follow social distancing guidelines. Programs subject to change.</p>				

Any questions or concerns please call Shauna at 204-668-7460 ext 230

GR- Gathering Room