

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>AM Calendar Visits 1</p> <p>10:30 Audio Book Club</p> <p>2:00 Hymn Sing and Devotionals - Humility -GR</p>	<p>9:30 Then and Now - Reminiscing and Conversation 2</p> <p>10:30 Buddy Walks</p> <p>Aftn - Life Enrichment in Meeting</p> <p>6:30 Shuffle Bowling -GR</p>	<p>1:30 Manicures and Hand Massages 3</p> <p>1:45 Frankie Vallie and the 4 Seasons TV Concert</p> <p>6:30 Music and Memories- Women in Song and Their Stories -GR</p>	<p>10:30 Who Am I? -GR 4</p> <p>6:30 Bingo -GR Shauna Off</p>	<p>9:30 Men's Coffee Group-GR 5</p> <p>2:00 Balloon Toss</p> <p>3:00 Good News and Views</p> <p>6:30 General Knowledge Trivia -GR</p>	<p>9:30 World Day of Prayer Hymns and Devotions 6</p> <p>10:30 Cards and Board Games</p> <p>2:00 Happy Hour - Female Artists -GR</p> <p>Shauna Off</p>	<p>10:30 Fun and Fitness -GR 7</p> <p>2:00 Rhythm and Voice - Drumming with Doug -GR</p> <p>Shauna Off</p>
<p>10:30 Hymn Sing and Devotionals -GR 8</p> <p>2:00 Red Hat Ladies Get Together - Celebrating International Women's Day -GR</p> <p>Shauna Off</p> <p>Daylight Saving Time Begins</p>	<p>1:45 Baking 9</p> <p>2:30 Coffee Time</p> <p>6:30 The Price Is Right -GR Shauna on Vacation (March 9th - March 18th)</p>	<p>10:30 Manicures & Hand Massages -GR 10</p> <p>2:00 Creative Colouring</p> <p>6:30 Name That Tune -GR</p>	<p>10:30 Over / Under -GR 11</p> <p>2:00 Ice Cream Social and Jokes and Riddles</p> <p>6:30 Bingo -GR</p>	<p>9:30 Short Stories 12</p> <p>10:30 Sing a Long</p> <p>2:00 Bean Bag Toss</p> <p>2:45 St. Patrick's Day Facts</p>	<p>9:00 Friendly Visits 13</p> <p>2:00 Happy Hour - Music By Request -GR</p>	<p>10:30 Movement and Meditation -GR 14</p> <p>Afternoon- Treats on Wheels (Ice Cream Cart to the Neighbourhoods)</p>
<p>10:30 Hymn Sing and Devotionals -GR 15</p> <p>2:00 Travelogue to Ireland -GR</p>	<p>9:30 Buddy Reading 16</p> <p>2:00 A Concert by the Conservatory of Music -GR</p> <p>6:30 Truth or Blarney -GR</p>	<p>10:30 Luck of The Irish Coin Toss Game and St. Patty's Day Trivia -GR 17</p> <p>2:00 St. Patty's Day Pub -GR</p>  <p>St. Patrick's Day</p>	<p>9:30 Walk and Talk 18</p> <p>6:30 Bingo -GR</p>	<p>9:30 Coffee and Conversation 19</p> <p>10:30 Guess the Sound</p> <p>2:00 Creative Colouring</p> <p>3:00 Sing a Long</p> <p>6:30 Grace Lutheran Church Choir -GR</p>	<p>9:30 Would you Rather? 20</p> <p>11:00 Spiritual 1:1s</p> <p>2:00 Happy Hour - Flower Power Music -GR</p> <p>Spring Begins</p>	<p>10:30 Fun and Fitness -GR 21</p> <p>2:00 Rhythm and Voice - Drumming with Doug -GR</p> <p>Shauna Off</p>
<p>10:30 Celebrity Bio: Cher -GR 22</p> <p>3:00 Anglican Church Service with Reverend Wilson -GR</p> <p>Shauna Off</p>	<p>2:00 Lounge Games 23</p> <p>3:00 Sing a Long</p>	<p>9:30 Jokes and Riddles 24</p> <p>10:30 Silly AI Photo Booth</p> <p>6:30 Name That Tune - TV Theme Songs -GR</p>	<p>10:30 Elder and Family Council Meeting -GR 25</p> <p>2:00 Entertainment by Geoff Erickson -GR</p> <p>6:30 Bingo -GR</p>	<p>10:30 Roman Catholic Mass with Father Greg -GR 26</p> <p>2:00 Friends and Neighbours</p>	<p>10:30 Finish the Phrase -GR 27</p> <p>2:00 Happy Hour - Music Around the World -GR</p> <p>Shauna Off</p>	<p>10:30 Drum Fit Exercises -GR 28</p> <p>2:00 Coca Cola Flavour Sampling and Did You Know Facts -GR</p>
<p>10:30 Palm Sunday Service -GR 29</p> <p>2:00 Dessert Social -GR</p> <p>Palm Sunday</p>	<p>9:30 Reading and Reminiscing 30</p> <p>2:00 Music and Memories - Elton John and His Musical Legacy -GR</p>	<p>10:30 Twister Bean Bag Toss -GR 31</p> <p>2:00 Plinko Game -GR</p> <p>Shauna Off</p>	<h1>March 2026</h1> <h2>Courage Bay Life Enrichment Calendar</h2> 			

*Programs take place on Courage unless otherwise stated * GR= Gathering Room *Programs and/or times subject to change *1:1 Visits take place outside of program times