

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025 						AM Calendar Visits 1 2:00 Rhythm and Voice (Drummin' With Doug) -GR Shauna Off
10:30 Hymn Sing and Devotionals- Finding Strength In The Lord -GR 2:00 Soup's Up - Soup Making and Stories -GR Shauna Off Daylight Saving Time Ends	10:30 Drum Fit Exercises - GR Aftn - Life Enrichment in Meeting 6:30 Documentary: Complete History of the English Monarchy -GR	9:30 Friendly Visits 2:00 Crafters Corner 3:00 Sing a Long 6:30 Name That Tune-GR	10:30 Over / Under Game - GR 2:00 Table Bowling -GR 6:30 Bingo -GR Shauna Off	10:30 Remembrance Day Service with the Elmwood Legion -GR 2:00 Canada's Military History	2:00 Happy Hour - Country Classics -GR Shauna Off	10:30 Movement and Meditation -GR 2:00 Music and Memories - One Hit Wonders -GR
10:30 Hymn Sing and Devotionals - Good Works - GR 2:00 Balloon Toss 3:00 Spiritual 1:1's	10:30 - 12:30 Outing to Cottage Bakery <i>(see Life Enrichment for info./to sign up)</i> 2:00 Do You Remember This? -GR	10:00 The National Remembrance Day Ceremony Viewing -GR 2:00 Friends and Neighbours 6:30 Music and Memories - Songs of Wartime -GR Remembrance Day	2:00 Bingo -GR 6:30 An Evening With U of M Anthropology Grad Students Shauna Off	9:30 Men's Coffee Group -GR 11:00 Buddy Walks 2:00 Crafters Corner 3:00 Coffee and Stories 6:30 General Knowledge Trivia -GR	10:00 Manicures and Hand Massages 10:30 Roy Orbison TV Concert 2:00 Happy Hour - Manitoba Social Music -GR	10:30 Fun and Fitness -GR 2:00 Rhythm and Voice (Drummin' With Doug) -GR Shauna Off
10:30 Hymn Sing -GR 5:30 Grey Cup Game Viewing Party -GR Shauna Off	10:00 & 2:00 Falls Prevention Month Craft - License Plate Decorating - GR 6:30 The Price Is Right -GR	10:00 Setting up for Christmas 2:00 Decorating the Gathering Room Tree 6:30 Name That Tune -GR	10:30 Elder and Family Council Meeting -GR 2:00 Birthday Celebrations 3:00 Finish Decorating 6:30 Bingo -GR	2:00 Sing a Long 3:00 Reminiscing, Getting Ready for the Holidays 6:30 Music and Memories - Birth of Rock and Roll -GR	2:00 Happy Hour - Music by Request -GR Shauna Off	10:30 Drum Fit Exercises -GR 2:00 Would you Rather? - Game and Discussion - GR
10:30 Hymn Sing and Devotionals - Soul Food -GR 2:00 Whisking up Fun -GR 2:00 Ice Cream Social	2:00 Memorial Service -GR 6:30 Cooking Gone Wrong Ep.1 -GR	2:00 Lounge Games 3:00 Hymns and Devotionals 6:30 Music and Memories - Motown Favourites -GR	6:30 Bingo -GR Shauna Off	10:30 Roman Catholic Mass With Father Greg -GR 2:30 Entertainment by Danny Carroll -GR 6:30 Celebrity Bio's -GR	10:00 Manicures and Hand Massages 2:00 Happy Hour - Blues Music -GR	10:30 Fun and Fitness -GR 2:00 K-9 Experience With Grace -GR Shauna Off
10:30 Hymn Sing and Devotionals- Facing Fear - GR 2:00 Crafter's Corner -GR Shauna Off	 Courage Bay Life Enrichment Calendar 					

*Programs take place on Courage Bay unless otherwise specified
 *GR = Gathering Room
 *Programs subject to change
 *1:1 Visits take place outside of program times