November 2026

Courage Bay Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Calendar Visits 10:30 High Rollers Card Game with Michael 3:00 Anglican Church Service with Reverend Wilson -GR	2 10:00 Word Games 11:00 Sing A Long- 50's 2:00 Community Craft Project 3:00 Coffee and Conversation 6:30 The Price Is Right Game -GR	3 10:00 Chair Exercises 11:00 Jokes and Riddles 2:00 The Keenagers Choir - Hymns and Spiritual Music - GR 6:30 Name That Tune -GR	4 10:00 Men's Coffee Group - GR 10:00 Manicures and Hand Massages 2:00 Famous Faces Guessing Game	5 1:30 Balloon Toss 2:30 Remembering the Classic Jets! 6:30 Remembering Canadian Heritage Moments -GR	6 9:45 Short Stories with Michael 2:00 Happy Hour - Music by Request -GR Shauna Off	7 10:30 Drum Fit Exercises -GR 2:00 Baking 3:00 November Birthday Celebrations
8 10:30 Hymn Sing and Devotionals - Honour -GR 1:00 - 2:00 Neighbourhood Christmas Dinner Ticket Sales in the Fireplace Lounge	9 10:00 High Rollers Card Game 11:00 Spiritual 1:1's 2:00 Sing a Long - Canadian Artists 3:00 Coffee and Conversation	10 2:30 Remembrance Day Service -GR 6:30 Music and Memories- Songs That Won the War -GR	11 10:15 National Remembrance Day Service in the Gathering Room 2:00 Coffee and Stories with Renee 6:30 Bingo -GR Shauna Off Remembrance Day	12 10:30 Tunes of Thanks -GR 2:00 What Would You Do? 2:30 Neighbourhood Winter Activity Planning Meeting 6:30 Karaoke -GR	13 9:45 Friendly Visits 11:00 Remembering our Parents - House Rules, What Were Yours? 2:00 Happy Hour- Fabulous 40's Music -GR	14 10:30 Fun and Fitness -GR 2:00 Rhythm and Voice - Drumming With Doug -GR Shauna Off
15 2:00 Football Field Goal Challenge -GR 5:30 Grey Cup Viewing Party -GR Shauna Off	16 6:30 Jeopardy -GR Shauna Off	17 10:30 Powermine Ministry Church Service-GR 2:00 Decorating the Gathering Room Christmas Tree 6:30 Name That Tune	18 Morning: Coffee, Conversation and Setting up The Christmas Tree and Garland on Courage Afternoon : Hot Chocolate, Holiday Tunes and Tree Trimming on Courage	19 10:30 Balloon Toss and Tunes with Michael 2:00 Family Feud Game -GR Shauna at Safety Training Session	20 11:00 Sing a Long with Renee 2:00 Happy Hour - Music by Request -GR Shauna Off	21 10:30 Drum Fit Exercises -GR 1:30 Spiritual 1:1's 3:00 - 4:00 Neighbourhood Christmas Dinner Ticket Sales in the Fireplace Lounge
22 10:30 Hymn Sing and Devotionals - Approaching Advent in Anticipation -GR 2:00 Obie Games 3:00 Crafters Corner - Card Making	23 11:00 Walk and Talk 2:00 Memorial Service -GR	24 2:00 Remembering the 60's 3:00 Then and Now Price is Right Game 6:30 Music and Memories- 60's Flower Power -GR	25 2:00 Stradbrook Avenue Show Choir -GR 6:30 Bingo -GR Shauna Off	26 10:30 Roman Catholic Mass with Father Greg -GR 1:45 Friendly Visits 2:30 Name That Tune 6:30 Celebrity Bio: Jayne Mansfield -GR	27 10:00 Chair Exercises 11:00 Did You Know? Amazing Facts 2:00 Happy Hour - 50's 60's Music -GR	28 10:30 Balloon Volleyball -GR 2:00 Rhythm and Voice - Drumming With Doug -GR 2:00 Creative Colouring with Renee Shauna Off
29 10:30 Hymn Sing and Devotionals- First Day of Advent - Hope -GR 2:00 Sing a Long with Michael Shauna Off	30 10:00 Manicures and Hand Massages 10:15 Dean Martin 1968 Christmas Show 2:00 Hot Chocolate Social 3:00 Sharing our Holiday Wishes 6:30 Comedy Special -GR					

*Programs take place on Courage Bay unless otherwise stated *GR=Gathering Room *Programs/program times subject to change *1:1 visits take place outside of program times