

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2025 Courage Bay Life Enrichment Calendar			AM Calendar Visits 1 Shauna Off	10:00 Sing a Long 2 11:00 Walk and Talk 2:00 Patio Visits	9:30 Coffee and Current Events -GR 3 11:00 Buddy Reading 2:00 Happy Hour - Oktoberfest Themed / German Music -GR	10:30 Fun and Fitness -GR 4 2:00 Rhythm and Voice (Drumming With Doug) -GR Shauna Off
10:30 Hymn Sing and Devotionals-Contemplating Peace -GR 5 2:00 Piano and Violin Student Concert -GR Shauna Off	9:45 Spiritual 1:1 Visits 6 11:00 A Visit With Candidate Emma Durand-Wood -GR Aftn - Life Enrichment in Meeting 6:30 Anthropology: Human Origins-GR	1:30 A Visit With Candidate Abel Gutierrez -GR 7 6:30 Name That Tune-GR	10:00 Friends and Neighbours 8 11:00 What I'm Thankful For 2:30 Town Hall Meeting -GR 6:30 Bingo -GR	10:30 A Visit With Candidate Braydon Mazurkiewich -GR 9 2:00 Fall/Winter Menu Sampling Meeting -GR 6:30 Music & Memories -GR	9:30 - 11:30 Advanced Polling Station for City By Election -GR 10 2:00 Happy Hour - Movie Songs -GR Shauna Off *Last day to complete surveys	10:30 Drum Fit Exercises -GR 11 2:00 Lounge Games -GR
10:30 Hymn Sing and Devotionals - Living in Gratitude -GR 12 2:00 Manicures and Hand Massages 3:15 Short Stories	10:00 Guess The Sound 13 11:00 Sing a Long 2:00 Thanksgiving Get Together 6:30 Turkey Shoot Game-GR Happy Thanksgiving	2:00 Entertainment by Rob Ivany-GR 14 6:30 Music & Memories-GR	6:30 Bingo -GR 15 Shauna Off	9:30 Men's Coffee Group -GR 16 2:00 Obie Games 3:00 Puzzles 6:30 Celebrity Bio's -GR	10:00 Decorating For Halloween 17 11:00 Balloon Toss 2:00 Happy Hour - Classic Rock -GR	10:30 Fun and Fitness-GR 18 2:00 Rhythm and Voice Drumming With Doug-GR Shauna Off *Last Day to RSVP for Trick or Treating Event
10:30 Hymn Sing and Devotionals- Seek and Ye Shall Find -GR 19 2:00 Movie Matinee: Halloween Themed -GR Shauna Off	10:30- 1:00 Outing to Stella's (see Life Enrichment for info./ to sign up) 20 2:00 October Birthday Celebrations 6:30 Anthropology: Neolithic Era -GR	1:30 A Visit with the Grade 5 Class from John de Graff School -GR 21 2:30 Creative Colouring 6:30 Name That Tune-GR	10:00 Baking 22 11:15 Finish the Line Trivia 2:00 Target Toss Game 3:00 Sing a Long 6:30 Bingo -GR	10:30 Plinko -GR 23 Shauna Off	2:00 Happy Hour -Music by Request -GR 24 Shauna Off	10:30 Movement and Meditation -GR 25 2:00 Children's Trick or Treating Event (see poster for more info.) 
10:00 Hymn Sing and Devotionals 26 11:00 Manicures 3:00 St. George's Anglican Church Service -GR	2:00 Baking 27 3:00 Would You Rather Game and Discussion 6:30 Shuffle Bowling -GR	2:00 Halloween Lounge Games 28 6:30 Music & Memories-GR	10:30 Halloween Reminiscing -GR 29 6:30 Bingo -GR Shauna Off	10:30 Roman Catholic Mass with Father Greg-GR 30 2:00 Ice Cream Social 3:00 Halloween Jokes and Riddles 6:30 Super Quiz Trivia-GR	10:30 Halloween Games -GR 31 2:00 Halloween Happy Hour -GR 	