

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



1

New Year's Day

2

Kelly Off

3

10am Trivia (L)
2pm
Stretch and Strengthen
(GR)

4

Afternoon Social Visits
6:30 Bingo

5

10:30 Hymn sing &
Devotional (GR)
2pm Crossword
Challenge (L)

6

10am Ukrainian
Christmas Traditions
(L)
2:15 Happy Hour

7

10am January
Gazette and News

8

9

Kelly Off

10

10:15 Virtual Nature
Walk (GR)
3pm Spin to Win (L)

11

Kelly in Life Enrichment
Meeting
6:30 Bingo

12

10am Hymn sing &
Devotional (GR)
3:15 Music from
Musicals (L)

13

10am Music and
Memories (L)
2:15 Happy Hour

14

15

16

10:15 African Safari
Documentary (GR)
3:00 Singalong (L)

17

10:30 Bible Trivia (L)
2:00 Balloon Toss (L)

18

2pm Buddy Walks
6:30 Bingo

19

10:30 Hymn Sing &
Devotional
3:00 Word Games (L)

20

10am Music &
Memories (L)
2:15 Happy Hour

21

22

Martin Luther King Jr. Day

23

10:30 Word Games (L)
2:15 Travelogue (GR)

24

10:15 ABBA Music
concert (GR)
3:00 Creative Colouring
(L)

25

2pm- Drink & Snack
Cart
6:30 Bingo
Australia Day (observed)

26

10:30 Roman Catholic
Mass w/ Father Greg
2pm Finish the Phrase
(L)

27

AM- Calendar visits
2:15 Happy Hour

28

2pm Crossword
Challenge

29

Activity Professionals Week

30

Kelly Off

31

Hope Haven Life Enrichment Calendar

Programs are in small groups, following social distance guidelines. All Programs are subject to change.

GR- Gathering Room L- Neighbourhood Lounge

