

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>  <h1>January 2026</h1>  <h2>Hope Haven Life Enrichment Calendar</h2> </div>				<div>           AM Calendar Visits <sup>1</sup>             2:00 New Years Traditions Around The World             Nnenna Off  <small>New Year's Day</small>  </div>	<div>           10:30 Over/Under Game <sup>2</sup>             2:00 Happy Hour- American Bandstand             Nnenna Off         </div>	<div>           10:30 Movement and Meditation <sup>3</sup>             2:00 Whisking up Fun         </div>
<div>           10:30 Hymn Sing <sup>4</sup>             2:00 Jeopardy    </div>	<div> <sup>5</sup>             2:15 Balloon Volleyball-On Hope             6:30 Shuffle Bowling         </div>	<div> <sup>6</sup>             6:30 Music and Memories - Elvis, the Beginning             Nnenna Off         </div>	<div>           9:45 Morning Jams-On Hope <sup>7</sup>            10:30 Reminiscing: New year Reflection-On Hope             2:15 Birthday Celebrations-On Hope             6:30 Bingo         </div>	<div> <sup>8</sup>             Taking Down the Christmas Trees and Decor             6:30 Super Quiz Trivia Game         </div>	<div>           10:00 Gentle Stretches-on Hope <sup>9</sup>            10:30 Manitoba Winter Trivia-On Hope             2:00 Happy Hour -50's 60's Tunes         </div>	<div>           10:30 Fun and Fitness <sup>10</sup>             2:00 Rhythm and Voice (Drumming with Doug)             Nnenna Off         </div>
<div>           10:30 Hymn Sing and Devotionals- Born Again In Christ <sup>11</sup>             2:00 Movie Matinee             Nnenna Off         </div>	<div>           9:45 Quiet Comfort Time-On Hope <sup>12</sup>            10:30 Hand Massages-On Hope            Afternoon -Life Enrichment Team in Meeting            6:30 Create A Quote         </div>	<div> <sup>13</sup>             2:15 Wheelchair Strolls-On Hope             6:30 Name That Tune         </div>	<div> <sup>14</sup>             2:15 Travelogue to Japan-On Hope             2:00 Entertainment by Victor Phillip             6:30 Bingo         </div>	<div> <sup>15</sup>             6:30 Music and Memories - Elvis Music in Movies             Nnenna Off         </div>	<div>           10:00 Hot Cocoa Social-On Hope <sup>16</sup>            10:30 Manicures-On Hope             2:00 Happy Hour -Music By Request         </div>	<div>           10:30 Drum Fit Exercises <sup>17</sup>            10:30 Creative Colouring - On Hope             2:00 Whisking up Fun         </div>
<div>           10:30 Hymn Sing and Devotionals - Courage <sup>18</sup>             2:00 Audio Book Club         </div>	<div> <sup>19</sup>             2:00 Floor Shuffleboard Game             6:30 Cooking Gone Wrong Ep.2   <small>Martin Luther King Jr. Day</small> </div>	<div> <sup>20</sup>             6:30 Music and Memories - Elvis, Greatest hits             Nnenna Off         </div>	<div> <sup>21</sup>             10:30 Card Games-On Hope             6:30 Bingo         </div>	<div> <sup>22</sup>             10:30 Roman Catholic Mass with Father Greg             2:15 Joyful Baking-On Hope            6:30 Celebrity Bio         </div>	<div>           9:30 Men's Coffee Group <sup>23</sup>             10:30 Ball Circle-On Hope            2:00 Happy Hour -Popular Movie Songs         </div>	<div>           10:30 Fun and Fitness <sup>24</sup>             2:00 Rhythm and Voice (Drumming with Doug)             Nnenna Off         </div>
<div>           10:30 Hymn Sing and Devotionals- One Day at a Time <sup>25</sup>             2:00 Animal Of The Month - Trivia             Nnenna Off         </div>	<div>           9:45 Coffee &amp; Tea Time-On Hope <sup>26</sup>            10:30 Friendly Visits             2:00 River East's Got Talent - Talent Show <i>(please see Life Enrichment to sign up)</i>             6:30 The Price is Right         </div>	<div>           9:45 Morning Music-On Hope <sup>27</sup>             10:30 Read me a Poem-On Hope             6:30 Name That Tune         </div>	<div>           10:30 Elder/Family Council Meeting <sup>28</sup>             2:15 Radio Listening-On Hope            2:45 Friendly Visits-On Hope             6:30 Bingo         </div>	<div> <sup>29</sup>             6:30 Music and Memories Movie- Return of the King, Elvis 1968 Return             Nnenna Off         </div>	<div> <sup>30</sup>             10:30 Nerf Gun Fun             2:00 Happy Hour -Music By Request         </div>	<div>           10:30 Movement and Meditation <sup>31</sup>             2:00 Crafter's Corner    </div>

\*Programs take place in Gathering Room unless otherwise stated  
 \*Programs and/or program times are subject to change  
 \*1:1 Visits take place outside of program times