

Sunday

Monday

Tuesday

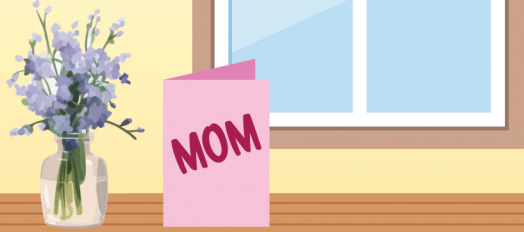
Wednesday

Thursday

Friday

Saturday

May 2026



		<h1>May 2026</h1>				AM Calendar Visits 1 2:00 Happy Hour - Movie Hits	10:30 Fun and Fitness 2 2:00 Rhythm and Voice - Drumming with Doug Nnenna Off
10:30 Hymn Sing and Devotional- Hail Mary 3 2:00 Twister Bean Bag Toss Nnenna Off	9:00 Friendly Visits - On Hope 4 2:15 Arm Chair Travel to Dubai - On Hope 6:30 Super Quiz Trivia	9:00 Ride and Talk - On Hope 5 1:45 Manicures and Momosas 6:30 Name That Tune	2:00 Mama Mia Movie Matinee 6 6:30 Bingo	2:00 Mother's Day Tea with Piano Music by Shawn Coughlin 7 6:30 Town Hall Meeting Nnenna Off	10:15 Fun Facts Time - On Hope 8 11:00 Sing a Long - On Hope 2:00 Happy Hour - Music by Request	10:30 Movement and Meditation 9 2:00 Whisking Up Fun	
10:30 Music & Memories - Songs About Mom 10 3:00 Anglican Church Service with Reverend Wilson Mother's Day	10:30 Over/Under Game 11 Aftn - Life Enrichment in Meeting 6:30 Target Toss	6:30 Music and Memories 12 Nnenna Off	2:00 Creative Colouring - On Hope 13 2:30 Sing a Long - On Hope 6:30 Bingo	10:30 Jeopardy 14 2:15 Read Me a Poem - On Hope 6:30 Celebrity Bio: Cher	10:15 Gentle Stretches and Ball Circle - On Hope 15 2:00 Happy Hour - Blue Grass Music	10:30 Fun and Fitness 16 2:00 Rhythm and Voice - Drumming with Doug Nnenna Off	
10:30 Hymn Sing and Devotional- Blessed Art Thou Amongst Women 17 2:00 Crafter's Corner Nnenna Off	2:00 Nature Walks and Visits - On The Patio 18 6:30 History of Victoria's Reign Victoria Day	10:15 Joyful Baking - On Hope 19 10:30 Guys Group 6:30 Name That Tune	11:00 Outing to Jeffery's (see Life Enrichment for info / to sign up) 20 2:00 Quiet Connection - On Hope 6:30 Bingo	10:30 A Program by the Red River College Recreation Student 21 6:30 Sing a Long Nnenna Off	9:45 Coffee & Conversation 22 10:15 Manicures & Hand Massages - On Hope 2:00 Happy Hour - Music by Request	10:15 Morning Music - On Hope 23 10:30 Drum Fit Exercises Aftn - Travelling Cart - Ice Cream Floats to the Neighbourhoods	
10:30 Hymn Sing and Devotionals 24 2:00 Whisking Up Fun	2:00 Memorial Service 25 6:30 Shuffle Bowling	11:00 Outing to Olive Garden (see Life Enrichment for info / to sign up) 26 6:30 Music and Memories Nnenna Off	10:30 Elder and Family Council Meeting 27 2:15 Movie Afternoon - On Hope 6:30 Bingo	10:30 Roman Catholic Mass with Father Greg 28 2:15 May Birthday Celebrations - On Hope 6:30 Target Toss	2:00 Happy Hour - Classic Rock 29	10:30 Fun and Fitness 30 2:00 Rhythm and Voice - Drumming with Doug Nnenna Off	
10:30 Hymn Sing and Devotionals 31 2:00 Entertainment by The School of Rock Nnenna Off							

Hope Haven Life Enrichment Calendar

*Programs take place in the Gathering Room unless otherwise stated *Programs and/or program times subject to change *1:1 visits take place outside of program times