

# River East Personal Care Home Community Newsletter

December 2021



A reminder that families may access our monthly neighbourhood calendars on our website.

[www.rivereast.ca](http://www.rivereast.ca)

## Welcome!

We welcome Shen to the Life Enrichment team. Shen will be facilitating programs on Faith Lane and Serenity Cove Neighbourhoods.

### Elder Christmas Dessert Parties

Christmas events will look a little different again this year at River East.

We will be having Decadent Christmas Dessert Nights for the Elders of the Home. Unfortunately, following current Shared Health guidelines, families will not be able to join in.

The dates are as follows:

**Tuesday, December 14<sup>th</sup> at 5:30pm**

**~Hope and Charity Neighbourhoods**

**Wednesday, December 15<sup>th</sup> at 5:30pm**

**~Faith and Serenity Neighbourhoods**

**Thursday, December 16<sup>th</sup> at 5:30pm**

**~Courage Bay Neighbourhood**

To ensure Elders have an opportunity to participate, you may wish to visit on another evening.

### Christmas Tree Donations

Due to the Shared Health decorating guidelines, we reached out to families back in early November for donations of Christmas trees for us to use outside of the Neighbourhood Lounge windows.

Thanks to your kind donations our Elders will have beautiful trees to gaze upon this Christmas season!



## Christmas Spirit Week

The Life Enrichment team is organizing a Christmas Spirit week for the Home. Families are welcome to participate in spirit week by dressing up on days that they are coming in to visit.

### Monday, December 20<sup>th</sup> - Jingle Bells

~Show off your best Christmas bling (earrings, necklaces, etc.)

### Tuesday, December 21<sup>st</sup> - Winnipeg Jet's Winter Whiteout

~Wear white or your Jet's gear and cheer on our home team as they play the Nashville Predators

### Wednesday, December 22<sup>nd</sup> - Pajama Day

~Wear your coziest pajamas all day long

### Thursday, December 23<sup>rd</sup> - Red and Green Day

~Wear red and green

### Friday, December 24<sup>th</sup> - Festive Friday

~Dress to impress in your favorite Christmas sweater, vest, shirt and/or accessories

\* when dressing up, please ensure there is no interference with the correct fit of PPE

## **A look back at some past programs.....**

On October 29<sup>th</sup> the Grade 5 students from John DeGraff School came to do a Halloween costume parade outside of the Home.

We are excited to reunite with our friends from John DeGraff – even if it is just through the window.

We are organizing a time for them to come carolling outside of our lounge windows in December. (Weather permitting)



## *Remembrance Day Service*

*On November 10<sup>th</sup>, we had a Remembrance Day service with members of the Elmwood Legion Branch # 9 in attendance.*

