



River East Personal Care Home Newsletter



Room Bookings

Please contact Julie, Life Enrichment Supervisor, if you are interested in booking the Friendship Centre or the Gathering Room for get-togethers.
204-668-7460 ext. 230 or email julie.zabudny@exeassist.ca

The Friendship Centre is available for bookings on evenings and weekends and the Gathering Room is available for bookings outside of program times.

Labelling Clothing

A reminder for families this Christmas Season – if you bring your loved one clothing as a gift for Christmas, please bring it in a bag with their name on it to the Neighbourhood Nursing Station. This will ensure that it can be labelled properly prior to it being put away.
Thank you!

Staff Appreciation During the Holidays

Our families are always so thoughtful and generous at giving gifts to our staff especially over the holidays. Please note that accepting individual gifts is contrary to our Employee Standards of Conduct. An alternative is to recognize neighbourhoods or departments. Treats are very appreciated, however with many staff dietary restrictions another alternative may be donating a gift card which can be included in our Staff Christmas Giveaway Raffles. If you would like to donate a gift card, donations may be dropped off at the Business Office.

CHRISTMAS CHEER BOARD DONATIONS

We are sponsoring the Christmas Cheer Board Feed-a-Family program and collecting donations for Christmas Hampers again this year. We are looking for donations of non-perishable food items as well as monetary donations to purchase additional groceries such as dairy, meat, fresh fruit, vegetables and gifts for all children in the home. All donations can be dropped off at the front office until **December 15th**. With our help the Christmas Cheer Board will get more hampers into the hands of families in need across Winnipeg this holiday season!
Examples of Non-Perishable food items:

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|--------------------------------|-------------------------|-----------------------------|
| ● Canned vegetables | ● Canned fruit | ● Crushed or diced tomatoes |
| ● Canned or packaged soup | ● Canned or dried beans | ● Peanut butter |
| ● Canned tuna | ● Quick oats | ● Pasta |
| ● Rice | ● Pasta sauce | ● Macaroni and cheese |
| ● Boxed cereal | ● Crackers | ● All-purpose flour |
| ● Mashed or scalloped potatoes | ● Pancake mix | ● Sugar |
| ● Pancake syrup | ● Fruit spread/jam | ● Jelly powder |
| ● Cookies | ● Cake mix | ● Candy |

Hot Chocolate Bar

Please join us for a hot chocolate bar fundraiser on:

Wednesday, December 3rd

2:00pm – 3:30pm

at the front entrance of the home

~We will be accepting monetary donations and all funds raised will go towards the Christmas Hamper~



CHRISTMAS DECORATIONS

Please ensure that **any items that are plugged in** such as small Christmas trees **MUST** be approved by Maintenance prior to use. When decorating in your loved one's suite or door, fire regulations must be adhered to. Wreaths on doors is not permitted as this is a fire code violation in this type of living environment.

If unsure if a decoration is safe to hang in a specific location, please see Maintenance and/or a member of the Leadership Team.

Some Do's and Don'ts:

- Window cling decorations are a great option.
- Do not hang items on Elder doors.
- Be aware of electrical cords- tripping hazard.
- Items that require fire/flame are prohibited. Battery operated candles and other light displays only.
- Purchase timers for lights to make daily enjoyment easy.
- Only string battery operated lights can be used in elders' windows and rooms.
- No hanging items on or near sprinkler heads.

Additionally, as the weather becomes cooler many Elders use a space heater to provide additional warmth in their suite. All heaters **MUST** meet safety standards with an automatic turn off **AND** be pre-inspected by Maintenance before use.



**Happy
Holidays**