



River East Personal Care Home Newsletter



Spring/Summer Menu Sampling Meeting

Elders and Families are invited to join us for our Spring/Summer Menu Sampling meeting on:

Thursday, May 1st at 2:00pm
in the Gathering Room.

To ensure there is enough food prepared for the sampling, please RSVP by April 25th to Julie at julie.zabudny@exeassist.ca

The new Spring/Summer menu will be starting on May 26th.

We Need Your Help

Are you doing some Spring Cleaning?

The Life Enrichment team is looking for donations of the following items for the Elders:

- magazines
- large print books
- playing cards
- board games



(items can be new or gently used)

Items can be dropped off at the Life Enrichment Office or the Front Business Office.

Thank you for your continued support!

A reminder that you may access the most current Elder and Family Council Meeting Minutes on the Neighbourhood Bulletin Boards as well as the Family Information Board located in the front hallway of the Home.

Life Enrichment News

Life Enrichment Outings

We will once again be offering some community outings in the upcoming months. Here is a little bit of information about outings at River East.

- Outings are facility wide & not specific to a Neighbourhood.
 - Our outings are booked on a first come first served basis. To ensure outings are available to everyone, if an Elder has attended the previous outing, they may be put on as a backup for the next one.
 - The transportation we book is wheelchair accessible. Due to bus sizes and safety reasons the maximum Elders able to attend an outing is typically 8.
 - Charges for the bus will appear on Elder monthly statements. Charges vary based on the location of the outing and the bus availability for the booking. Bus charges range from approximately \$23 - \$30 an Elder.
 - Purchases made on the outing are paid by cash, taken out of each Elder's trust account. If an Elder does not have sufficient funds in their trust account, they are unable to attend the outing.
 - Family members are welcome to attend outings with their loved one but will need to meet us at the outing location due to limited spaces on the bus.
- Please speak to the Life Enrichment team if you have any questions.

Upcoming Outings

Boston Pizza
April 21st @ 11:00am

Salisbury House
April 28th @ 11:00am

Salisbury House
(due to popular demand)
May 12th @ 11:00am

Olive Garden
May 15th @ 11:00am

Smitty's
May 28th @ 11:00am

*Please see Life Enrichment to sign up
*Locations were voted on by the Elders



Save the Date:

Our Mother's Day event is on:
Wednesday, May 7th at 6:30pm
With Entertainment by Geoff Erikson
*More information to follow



Spiritual Care

Spiritual services are typically offered in the Home on Sundays and on the 4th Thursday of the month.

As a non-denominational home, we do not receive funding for spiritual care, therefore we are always looking for additional spiritual volunteers. The Life Enrichment team reaches out to churches in the community to see if they would be willing to offer services in the Home.

Currently we have limited spiritual care volunteers in our Home. Our Life Enrichment team facilitates hymn sings & devotionals, Bible Study, and special observances (Easter, Christmas, etc.) as large group, neighbourhood and 1:1 to help meet the needs of our Elders.

If you know of a pastor and/or church group that would be interested in providing services for the Elders in the Home, please contact Julie, Life Enrichment Supervisor at 204-668-7460 ext. 230

