



River East Personal Care Home Newsletter

Town Hall Meeting
Our next Town Hall meeting will be held on Thursday, May 7th at 6:30pm in the Gathering Room

 **Gardening** 
We are looking for family members who would be willing to help with our gardening this year.
If you are interested in helping with planting, weeding, or watering, please speak with Julie from Life Enrichment.
We are also looking for perennials to add to our flower beds. If you are splitting any of your own, please let us know. Thank you!

Families Purchasing Meals
The following is a breakdown of the cost to families wishing to purchase meals at the Home.

Visitor/Guest Meal Pricing

	<u>Lunch</u>	
	Soup/crackers	\$3.00
	Main Entrée	\$7.00
	Cold Sandwich	\$4.00
	<u>Dinner</u>	
	Main Entrée	\$10.00
	<u>Dessert</u>	
	Pie (slice)	\$2.50
	Cake (slice)	\$2.50
	Non Baked Desserts	\$1.50

***Special Meals (for example Thanksgiving, New Years Day), regular meal pricing does not apply. Guest meal tickets will be sold separately for \$15.00. Some exceptions may apply depending on the function.**

If you have been approved to charge the account, you can get your meal from the kitchen and the kitchen staff will mark it down. Otherwise, you can purchase meal tickets from the front business office. If you are getting lunch, please let the kitchen know by 10:00am so they can plan accordingly. If you are coming for supper, please let the kitchen know by 2:00pm.

A reminder that families may access our Life Enrichment Calendars as well as our Menus on our website
www.rivereast.ca

Welcome Spring!
I am certain you are as happy as we are to put away the snow shovels and start spring cleaning. Plans are already underway for our lawn maintenance, parking lot cleaning and flower planting. You will start to see the grounds cleaning crew in April. As soon as the weather permits, we are excited to make use of the courtyard for some fresh air and sunshine. We will be arranging for the canopy to be installed on May 5th.
-Tara Parent, Executive Director



Life Enrichment News

Life Enrichment Outings
We will once again be offering some community outings in the upcoming months. Here is a little bit of information about outings at River East.

- Outings are facility wide & not specific to a Neighbourhood.
- Our outings are booked on a first come first served basis. To ensure outings are available to everyone, if an Elder has attended the previous outing, they may be put on as a backup for the next one.
- The transportation we book is wheelchair accessible. Due to bus sizes and safety reasons the maximum Elders able to attend an outing is typically 8.
- Charges for the bus will appear on Elder monthly statements. Charges vary based on the location of the outing and the bus availability for the booking. Bus charges range from approximately \$27 - \$33 an Elder. Please note, charges were increased this year by the transportation company.
- Purchases made on the outing are paid by cash, taken out of each Elder's trust account. If an Elder does not have sufficient funds in their trust account, they are unable to attend the outing.
- Family members are welcome to attend outings with their loved one but will need to meet us at the outing location due to limited spaces on the bus.


Please speak to the Life Enrichment team if you have any questions.

Upcoming Outings

Jeffery's Restaurant
May 20th @11:00am

Olive Garden
May 26th @11:00am

*Please see Life Enrichment to sign up
*Locations were voted on by the Elders



MLA Visit
Families are invited to join us on **Tuesday, April 28th at 6:30pm** in the Gathering Room for a meet and greet with MLA Jelynn Dela Cruz.

Mother's Day Events

Tuesday, May 5th at 1:30pm – Manicures and “MOMosas”

Wednesday, May 6th at 2:00pm – Mama Mia Movie Matinee

Thursday, May 7th at 2:00pm – Mother's Day Tea

Sunday, May 10th at 2:00pm – Music and Memories, Songs about Mom

