

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022

 <p>2</p>	<p>3</p> <p>SHEN OFF</p>	<p>4</p> <p>SHEN OFF</p>	<p>5</p> <p>10:30 New Year Around the World (GR) 6:30 Bingo (GR)</p>	<p>6</p> <p>10:30 Hymn Sing &amp; Devotionals (GR) 2:15 Happy Hour (GR) 6:30 Fun Facts (GR)</p>	<p>7</p> <p>10:30 Glimpse of Ukrainian Christmas (GR) 3:15 Friendly Visits</p>	<p>1</p> <p>2:30 Afternoon Calendar Visits</p> <p>New Year's Day</p>
<p>9</p>	<p>10</p> <p>10:30 Travelogue (GR) 2:15 Creative Coloring (GR)</p>	<p>11</p> <p>10:45 Manicures 2:15 Music &amp; Memories (GR)</p>	<p>12</p> <p>10:30 Stretch &amp; Strength (GR) 6:30 Bingo (GR)</p>	<p>13</p> <p>10:30 Hymn Sing &amp; Devotionals (GR) 2:15 Happy Hour (GR) 6:30 Game Night (GR)</p>	<p>14</p> <p>10:30 Sugar Rush -Dessert Videos (GR) 3:15 Book Reading</p>	<p>15</p> 
<p>16</p>	<p>17</p> <p>10:45 Hand Massage 2:15 Martin Luther King Jr. Trivia (GR)</p> <p>Martin Luther King Jr. Day</p>	<p>18</p> <p>10:45 Friends and Neighbours 2:15 Concert on TV (GR)</p>	<p>19</p> <p>10:30 Fitness Program (GR) 6:30 Bingo (GR)</p>	<p>20</p> <p>10:30 Hymn Sing &amp; Devotionals (GR) 2:15 Happy Hour (GR) 6:30 Creative Program (GR)</p>	<p>21</p> <p>10:30 Travelogue (GR) 3:15 Social Visits</p>	<p>22</p> <p>10:45 Sensory Stimulation 2:30 Golden Oldies Sing-Along (GR)</p>
 <p>23</p> <p>Activity Professionals Week</p>	<p>24</p> <p>SHEN OFF</p>	<p>25</p> <p>10:45 Friendly Visits 2:15 Glimpse of Chinese New Year (GR)</p>	<p>26</p> <p>10:30 Word Games (GR) 3:30 Drink Cart 6:30 Bingo (GR)</p> <p>Australia Day (observed)</p>	<p>27</p> <p>10:30 Roman Catholic Mass with Father Greg (GR) 2:15 Happy Hour (GR)</p>	<p>28</p> <p>10:30 Exercise (GR) 3:15 Magazine Reading</p>	<p>29</p> 
<p>30</p>	<p>31</p> <p>10:45 Social Visits 2:15 Creative Coloring (GR)</p>	 <p><i>"No winter lasts forever; no spring skips its turn."</i></p> <h2>SERENITY COVE</h2> 				

Please Note: All programs are in small groups. Social distancing measures are followed. Programs are subject to change.

Gathering Room (GR)